

BALI

SACRED TEMPLE

Journey



A LUXURY SPIRITUAL RETREAT
— *in Bali, Indonesia* —

SEPTEMBER 2027
12 DAYS • 11 NIGHTS

GUIDED BY

Shannon Davis

APU MAMMA AKU

ALONGSIDE EXPERIENCED
BALINESE CULTURAL & SPIRITUAL GUIDES



SACRED
TEMPLES



SACRED
WATERS



CEREMONY



LUXURY



HEALING



TRANSFORMATION

Sacred Places. Ancient Wisdom. Deep Healing. Lasting Transformation.



THIS IS MORE THAN *A Vacation*



This is a sacred transformational journey through the temples, sacred waters, lush landscapes, and spiritual energies of beautiful **Bali, Indonesia.**

A JOURNEY THAT BLENDS



SACRED EXPERIENCES



SPIRITUAL TEACHINGS



HEALING & REFLECTION



NATURE & BEAUTY



LUXURY COMFORTS



TEMPLE CEREMONIES



CULTURAL IMMERSION



JOY & CONNECTION

Each day is intentionally designed to nourish your body, heart, mind, and spirit while you relax, restore, and receive the magic of Bali.



COME HOME TO YOURSELF.
COME HOME TO THE SACRED.

Come Home to Bali.

“ Bali is not just a place you visit. It’s a place that touches your soul. ”

BE TRANSFORMED ✦ BE INSPIRED ✦ BE RENEWED ✦ BE YOU





YOUR SACRED JOURNEY *Begins Here*



Over the next 12 days, you will be guided through sacred temples, healing waters, lush jungles, ancient traditions, and breathtaking landscapes.

Every day is intentionally crafted to support your healing, transformation, and connection to the magic of Bali.



YOUR JOURNEY INCLUDES



SACRED
TEMPLES



SACRED WATER
CEREMONIES



SPIRITUAL
TEACHINGS



LUXURY
ACCOMMODATIONS



HEALING
CEREMONIES



BREATHTAKING
LANDSCAPES



CULTURAL
EXPERIENCES



REFLECTION &
INTEGRATION



TRANSFORMATION
& RENEWAL



EXPERT BALINESE
GUIDES

“ You don't just visit Bali.

You feel it. You live it. It transforms you.



LUXURY
YOU DESERVE



HEALING
YOU CAN FEEL



EXPERIENCES
YOU'LL NEVER FORGET



MEMORIES
THAT LAST A LIFETIME





DAY 1

ARRIVAL IN BALI

Welcome & Grounding



GROUP PICK UP FROM THE AIRPORT

Travel together with ease and comfort in our private transportation.



SETTLE INTO LUXURY ACCOMMODATIONS

Unwind and soak in the beauty of your surroundings.



TIME TO REST & RECEIVE

Allow your body, mind, and spirit to soften into the energy of Bali.



EVENING CONNECTION GATHERING

Meet your retreat family and open the journey together.



INTENTION • GRATITUDE • PRESENCE

Plant the seeds for an unforgettable transformational experience.



“ The moment you arrive, Bali begins to hold you. Let yourself be held.



You are exactly where you are meant to be.





DAY 2 — SEPTEMBER 2, 2027

OPENING SACRED CEREMONY & INTENTIONS

Awakening the Journey Within



Today we open our Bali retreat experience together through sacred ceremony, reflection, and intentional guidance with Apu.

Set intentions for healing, clarity, transformation, and emotional renewal as we begin this beautiful journey.

The afternoon is yours to relax, journal, enjoy the resort, or indulge in spa services.

TODAY'S EXPERIENCE



OPENING SACRED CEREMONY

A beautiful and grounding ceremonial experience to begin our journey together.



INTENTION SETTING & REFLECTION

Create space for clarity, healing, emotional renewal, and personal growth.



GUIDED TEACHINGS WITH APU

Thoughtful spiritual insight, reflection prompts, and gentle guidance.



TIME FOR INTEGRATION

Quiet moments for journaling, rest, and peaceful personal reflection.



LEISURE AFTERNOON

Enjoy free time to relax poolside, receive optional spa treatments, or simply take in the beauty of Bali.



BREAKFAST INCLUDED



REFLECTION

What am I ready to welcome into this next chapter of my life?





DAY 3 — SEPTEMBER 3, 2027

SACRED TEMPLES OF BALI



Today we journey into Bali's spiritual and cultural heart through visits to several of the island's most iconic sacred sites.

We explore Tanah Lot, Taman Ayun, and Alas Kedatton.

EXPERIENCE INCLUDES



TANAH LOT TEMPLE

A legendary sea temple sacred to the Balinese.



TAMAN AYUN TEMPLE

A royal heritage temple surrounded by tranquil gardens and lotus-filled moats.



ALAS KEDATON TEMPLE

A sacred forest temple home to playful monkeys and ancient traditions.

NOTES



PICK-UP TIME
AT THE HOTEL
12:30 PM



APPROXIMATE DURATION
8 HOURS



BREAKFAST INCLUDED





DAY 4 — SEPTEMBER 4, 2027

NUSA PENIDA ISLAND ADVENTURE



Today we explore the breathtaking island landscapes of Nusa Penida, known for dramatic cliffs, turquoise waters, and unforgettable ocean views.

EXPERIENCE INCLUDES



ANGEL'S BILLABONG
A natural infinity pool with crystal-clear waters.



BROKEN CLIFF
A dramatic rock archway over the ocean.



KELINGKING CLIFF
Iconic panoramic views and breathtaking coastline.



SNORKELING AT WALL POINT
Vibrant coral reefs and diverse marine life.



SNORKELING AT GAMAT BAY
Calm, clear waters and abundant underwater beauty.

NOTES



PICK-UP TIME AT HOTEL
7:00 AM



APPROXIMATE DURATION
11 HOURS



LUNCH INCLUDED



BREAKFAST & LUNCH INCLUDED





DAY 5 — SEPTEMBER 5, 2027

SPIRIT TALK & JAGUAR MEDITATION FOR HEALING



We gather together for an afternoon of spiritual reflection, emotional healing, empowerment, and guided Jaguar meditation with Apu.

Through teachings, meaningful conversation, meditation, and reflection, participants are encouraged to reconnect with courage, intuition, truth, healing, and personal clarity.



APPROXIMATE DURATION:
3–4 HOURS

The evening is free to relax, enjoy the resort, receive spa services, or quietly reflect upon the day's experience.



BREAKFAST INCLUDED



Courage. Intuition. Truth. Healing. Clarity.





DAY 6 — SEPTEMBER 6, 2027

SACRED LAKES & MOUNTAIN TEMPLES



Today we journey to the highlands of Bali to visit Ulun Danu Temple beside Lake Bratan and take in the breathtaking views of the twin lakes of Buyan and Tamblingan.

EXPERIENCE INCLUDES



ULUN DANU TEMPLE

A sacred water temple surrounded by serenity.



LAKE BRATAN

Peaceful lake views and cool mountain air.



TWIN LAKES OF BUYAN & TAMBLINGAN

Breathtaking panoramic views of Bali's twin lakes.

NOTES



PICK-UP TIME
AT THE HOTEL
8:00 AM



APPROXIMATE DURATION
8.5 HOURS



BREAKFAST INCLUDED



REFLECTION

How can I stay grounded in gratitude as I continue this beautiful journey?





DAY 7 — SEPTEMBER 7, 2027

SACRED PURIFICATION & TEMPLE BLESSINGS



Today's journey invites participants into Bali's lush countryside for purification, blessing ceremonies, sacred temples, and peaceful reflection.

EXPERIENCE INCLUDES



PURA PAIGUMAN



PURA SRIDAYU



TRADITIONAL PURIFICATION RITUAL



BLESSING CEREMONY WITH LOCAL PRIEST



QUIET MEDITATION



RICE TERRACE COUNTRYSIDE EXPERIENCE



TRADITIONAL HOME-COOKED BALINESE MEAL

NOTES



PICK-UP TIME AT THE HOTEL:
7:30 AM



APPROXIMATE DURATION:
7-8 HOURS



BREAKFAST & TRADITIONAL LUNCH INCLUDED





— DAY 8 —

SEPTEMBER 8, 2027

Rite of the Womb & Divine Feminine Healing Ceremony

Today we gather together for a sacred day of emotional healing, feminine connection, reflection, and renewal.

Centered around the Rite of the Womb ceremony, this experience invites participants into deeper healing, intuition, empowerment, compassion, creativity, and emotional release through guided teachings, meditation, energy work, and sacred reflection with Apu.

EXPERIENCE INCLUDES:

-  Rite of the Womb Ceremony
-  Divine Feminine Healing Teachings
-  Guided Meditation & Energy Work
-  Sacred Reflection & Emotional Healing
-  Intuition & Heart-Opening Practices
-  Compassion & Creativity Activation
-  Integration & Gentle Spiritual Support



APPROXIMATE
DURATION:
3–4 hours



BREAKFAST
INCLUDED



THE EVENING IS FREE
TO RELAX, RECEIVE
SPA SERVICES, ENJOY
THE RESORT, OR
QUIETLY INTEGRATE
THE DAY'S EXPERIENCES.



DAY 9

SEPTEMBER 9, 2027

Sacred Waters & Rice Terraces



We begin at Tirta Empul, followed by the breathtaking rice terraces of Tegallalang and the renowned Monkey Forest.

EXPERIENCE INCLUDES:



Tirta Empul
Temple



Tegallalang
Rice Terraces



Monkey Forest

NOTES:



PICK-UP TIME:
8:00 AM



APPROXIMATE
DURATION:
8 HOURS



BREAKFAST
INCLUDED



A JOURNEY OF PURIFICATION, NATURE,
AND SACRED CONNECTION.



DAY 10

SEPTEMBER 10, 2027

Uluwatu Temple & Balinese Kecak Dance

We visit Pura Uluwatu, followed by the Balinese Kecak Dance Performance and dinner overlooking the ocean at Anantara Uluwatu.

EXPERIENCE INCLUDES:



Pura Uluwatu
Sea Temple



Balinese Kecak
Dance Performance



Dinner at
Anantara Uluwatu

NOTES:



PICK-UP TIME:
2:45 PM



APPROXIMATE
DURATION:
8 HOURS



DINNER
INCLUDED



BREAKFAST & DINNER INCLUDED





DAY 11

INTEGRATION DAY

Reflect. Integrate. Embody.



Today we come together to share, reflect, and integrate the insights and experiences from our journey. Through conversation, guidance, and connection, we anchor the wisdom within and support each other in our continued growth.



INTEGRATION CONVERSATIONS

We gather in a safe and supportive circle to share our experiences, insights, and takeaways.



BETTER SPIRITUAL EXPERIENCES

Explore ways to deepen and continue your spiritual journey with clarity, purpose, and heart.



GUIDED SPIRITUAL TALKS

Receive wisdom and inspiration to help you live more fully aligned with your true self.



OPTIONAL ONE-ON-ONE WITH APU MAMMA AKU

For those who feel called, have a personal integration session with Apu Mamma Aku.



CLOSING CEREMONY

We honor our journey together with gratitude, blessings, and a beautiful closing ritual.



“
Integration is where the journey becomes part of you, and you become part of the world in a more conscious, loving way.
”



THIS IS A LIGHT DAY

We began after lunch to give space for ease, reflection, and integration.



DURATION

This day will last approximately 3 to 4 hours.



EVENING FOR YOU

The evening is yours for rest, relaxation, or adventure.



INTEGRATION CONVERSATIONS
Share, listen, and grow together in community.



BETTER SPIRITUAL EXPERIENCES
Discover practices and perspectives that uplift your spirit.



GUIDED SPIRITUAL TALKS
Be inspired by wisdom that supports your path and inner growth.



OPTIONAL ONE-ON-ONE WITH APU MAMMA AKU
A personal space for deeper reflection and guided support.



CLOSING CEREMONY
We close with gratitude, blessings, and a ritual to honour our journey.

“*The real voyage of discovery consists not in seeking new landscapes, but in having new eyes.*”
—*Marcel Proust*

TODAY'S AFFIRMATION

I integrate with love.
I carry this wisdom forward.
I walk my path with clarity, compassion, and courage.

I am the light in the world.

THE RIPPLE EFFECT



YOU GIVE with presence and honesty



IT TOUCHES others through shared truth



TOGETHER we create a world for all.



DAY 12

DEPARTURE & GRATITUDE

Grateful Hearts, Full Circle



On our final morning in Bali, we rise with grateful hearts, enjoy a nourishing breakfast together, and prepare for our journey home.

This is a day of ease and reflection. There are no ceremonies—just time to soak in the last moments, say our goodbyes, and carry Bali with us.



GENTLE MORNING

Wake up at your own pace, enjoy breakfast, and take in the peaceful beauty one last time.



GROUP TRANSFER

Our private transportation will pick up everyone together and take us to the airport.



GRATEFUL GOODBYES

We leave as a family—forever connected by our shared journey.



“
We don't say goodbye—
we say see you in the next chapter.
The journey doesn't end here.
It lives on in our hearts,
in our choices, and in our lives.
”



NOURISH

Enjoy a wholesome breakfast and connect with your journey sisters.

PREPARE

Pack with intention and make space for everything you're bringing home.

REFLECT

Take a moment to look back and celebrate how far you've come.

TRAVEL TOGETHER

Our group transfer ensures a smooth and caring journey to the airport.

CARRY BALI HOME

Return home inspired, empowered, and forever connected.

REFLECTION JOURNAL

Take a few moments to write about your journey.

*What are you most grateful for?
What will you carry forward?*



MY BIGGEST GRATITUDE

What are you most grateful for from this sacred journey?



WHAT I AM TAKING HOME

What lessons, gifts, or realizations are you bringing with you?



MY INTENTIONS

How will you honor yourself and the transformations you've made?



A MESSAGE TO MYSELF

What do you want to remember when life gets busy again?

*Terima Kasih
(Thank You)*



Thank you for trusting this journey. May the spirit of Bali guide you, and may you continue to heal, grow, and shine in everything you do.

*Sampai Jumpa Lagi
(Until We Meet Again)*



YOU ARE
A CITIZEN
OF THE WORLD



YOU ARE
LOVE IN
MOTION



TRUST YOUR
JOURNEY

THE FOUR SACRED PATHWAYS



A JOURNEY OF INNER RENEWAL, CLARITY & TRANSFORMATION

Throughout our Bali experience, guests are gently guided through four sacred energetic perspectives inspired by ancient wisdom traditions. Each pathway offers an opportunity for deeper reflection, emotional renewal, personal empowerment, and spiritual connection.

Rather than “fixing” ourselves, these teachings invite us to reconnect with the most authentic, balanced, and empowered version of who we truly are.



SERPENT

*Release • Renewal •
Emotional Healing*

The Serpent represents gentle transformation and the ability to release what no longer serves us. Through reflection and awareness, this pathway invites guests to identify old emotional patterns, limiting beliefs, energetic heaviness, and life experiences that may still be quietly shaping the present.

Like the serpent shedding its skin, we create space for renewal, clarity, softness, and emotional freedom.

Guests often experience:

- Emotional release and lightness
- Greater self-awareness
- A deeper sense of peace and grounding
- Renewed connection to self-worth and intuition



JAGUAR

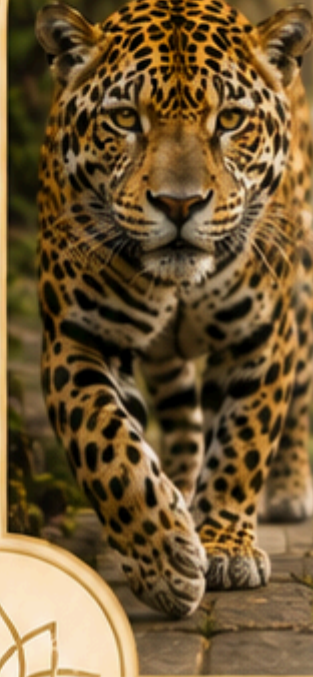
*Courage • Empowerment •
Personal Truth*

The Jaguar teaches us how to move through life with confidence, discernment, and inner strength. This pathway encourages guests to reconnect with personal truth, healthy boundaries, intuition, and empowered decision-making.

Rather than living from fear, self-doubt, or old conditioning, the Jaguar invites us to walk forward with quiet confidence and trust in ourselves.

Guests often experience:

- Increased confidence and clarity
- Emotional empowerment
- Stronger intuition and inner trust
- A deeper connection to personal authenticity



HUMMINGBIRD

*Joy • Lightness •
New Possibilities*

The Hummingbird reminds us that life is not only about healing—it is also about beauty, joy, wonder, and opening the heart to new possibilities. This sacred perspective encourages emotional lightness, gratitude, inspiration, creativity, and reconnecting with what brings meaning and fulfillment.

The Hummingbird teaches us to move beyond survival and remember how to truly live.

Guests often experience:

- Greater joy and emotional openness
- Inspiration and renewed creativity
- Heart-centered connection
- A sense of hope, beauty, and possibility



CONDOR

*Vision • Wisdom •
Higher Perspective*

The Condor invites us to rise above the noise of everyday life and view ourselves from a higher perspective. Through reflection, spiritual insight, and expanded awareness, this pathway supports clarity, purpose, wisdom, and deeper understanding.

The Condor reminds us that transformation becomes lasting when we begin seeing our lives through compassion, perspective, and trust.

Guests often experience:

- Mental and emotional clarity
- Expanded spiritual awareness
- A stronger sense of direction and purpose
- Greater peace, trust, and perspective



A JOURNEY OF WHOLE-PERSON TRANSFORMATION

Together, these four sacred pathways create a deeply supportive experience designed to nurture emotional wellbeing, energetic balance, spiritual connection, inner confidence, and personal renewal.

*This journey is not about becoming someone new.
It is about remembering who you are beneath the noise, stress,
expectations, and experiences of life—
and returning home to yourself with greater clarity,
peace, beauty, and purpose.*



BALI IS CALLING

Will You Answer?



SOMETHING WITHIN YOU KNOWS IT'S TIME.

For the pause. For the healing.
For the sisterhood. For the magic.
For you.

Step into a sacred journey in Bali where ancient wisdom, feminine energy, and breathtaking beauty come together to help you remember who you truly are.



THIS IS MORE THAN A RETREAT.
It's a homecoming to your soul.

WHAT AWAITS YOU IN BALI



SACRED EXPERIENCES

Temple visits, blessings, and ancient ceremonies that awaken your spirit.



FEMININE EMPOWERMENT

Reconnect with your intuition, your truth, and the goddess within.



HEALING & RESTORATION

Release, renew, and restore your mind, body, and soul in a supportive sacred space.



SISTERHOOD & CONNECTION

Build lifelong bonds with like-hearted women who become your soul family.



BREATHTAKING BEAUTY

Immerse yourself in Bali's natural wonder, luxury, and tranquil surroundings.



SPACE TO BE YOU

Let go of the pressure, the shoulds, and the noise. Just be. Just breathe.



YOU DESERVE THIS.

A journey of a lifetime. A transformation that lasts forever.

Come home to yourself in Bali.





— MEET YOUR —
**RETREAT
LEADER**



Guiding You Home to Yourself.

I'm Apu Mamma Aku, your guide and space holder for this sacred journey in Bali.

With a heart devoted to spiritual healing, feminine empowerment, and ancient wisdom, I create transformative spaces where you can release, restore, and rise into your highest self.

This retreat is more than an experience—it's a return to your truth, your softness, your power, and your soul.



→ I AM HERE TO SUPPORT YOU IN: →



**SPIRITUAL
GUIDANCE**

Deep spiritual practices, ceremonies, and sacred teachings.



**FEMININE
EMPOWERMENT**

Reclaiming your inner power, intuition, and authentic voice.



**HEALING &
RESTORATION**

Holding space for emotional release, energy healing, and deep renewal.



**ANCIENT
WISDOM**

Wisdom of Bali's sacred traditions, temples, and spiritual practices.



**SISTERHOOD &
CONNECTION**

Creating a safe, supportive space of love, connection, and belonging.



I HOLD SPACE WITH LOVE, INTEGRITY, AND DEVOTION,
SO YOU CAN COME HOME TO YOURSELF.

YOU ARE SAFE. YOU ARE SEEN. YOU ARE HELD.

I can't wait to walk this journey with you.





WHAT YOU WILL *Experience*

A PERFECT BLEND OF SPIRITUALITY,
ADVENTURE, CULTURE & RESTORATION

This journey is thoughtfully curated to awaken your spirit, open your heart, and nourish your soul. From sacred ceremonies and ancient temples to breathtaking landscapes and luxurious moments of rest, every experience is designed to help you reconnect, realign, and rise into your highest self.



SACRED CEREMONIES

Purify, release, and renew through powerful Balinese water ceremonies and blessings.



ANCIENT TEMPLES

Explore Bali's most revered temples, rich in history, culture, and spiritual significance.



BREATHTAKING NATURE

Visit stunning waterfalls, rice terraces, cliffs, and sacred sites that inspire awe and connection.



FEMININE HEALING

Experience womb healing, divine feminine practices, meditation, and soul-nourishing sisterhood.



CULTURAL IMMERSION

Step into the heart of Bali through local traditions, offerings, dance, and meaningful experiences.



REST & INDULGENCE

Enjoy luxury accommodations, spa treatments, nourishing cuisine, and time to simply be.



EVERY MOMENT IS AN INVITATION TO SLOW DOWN, GO DEEPER & REMEMBER WHO YOU TRULY ARE.



OPEN YOUR HEART

Release what no longer serves you and create space for joy and love.



CONNECT DEEPLY

Build lifelong connections with like-hearted women on a similar path.



FIND CLARITY

Gain perspective, inner peace, and a renewed sense of purpose.



FEEL ALIVE

Fill your soul with beauty, adventure, and unforgettable experiences.



RETURN TRANSFORMED

Come home lighter, empowered, and deeply connected to your truth.



THIS IS MORE THAN A RETREAT...
It's your sacred return to you.



Elevate Your Experience

MAKE YOUR RETREAT EVEN MORE YOU



Your journey is personal. Make it even more comfortable, restorative, and unforgettable with our upgrades and add-on opportunities.

You deserve the experience that nourishes you most.



BECAUSE YOUR COMFORT MATTERS.

UPGRADE YOUR STAY



PRIVATE ROOMS

Enjoy your own peaceful space to rest, reflect, and recharge.

- ✔ More privacy and quiet time
- ✔ Your own space to relax and unwind
- ✔ Limited availability – reserve early!

Rest deeper. Recharge fully. ♥



SPA ACCOMMODATIONS

Indulge in extra pampering and wellness throughout your stay.

- ✔ Spa treatments (massages, facials & more)
- ✔ Enhanced self-care and relaxation
- ✔ Support your body, mind & spirit

You can't pour from an empty cup. ♥

ADD ONS

CUSTOMIZE YOUR EXPERIENCE

Add extra magic to your retreat with these curated add-ons.

- Photography Session**
Capture your journey
- Energy Healing**
Go deeper into your healing
- Journaling Kit**
Tools to support your transformation
- Local Excursions**
Explore, connect, and be inspired

Small additions. Big impact. ♥

ASK ABOUT OUR THAILAND ADD-ON

Extend your journey with an unforgettable adventure in Thailand after the retreat.

Why add Thailand to your trip?

 DEEPEN YOUR EXPERIENCE Integrate and reflect in a new, inspiring setting.	 CULTURAL CONNECTION Immerse yourself in Thailand's rich culture, traditions & beauty.	 ADVENTURE & EXPLORATION Discover stunning landscapes, beaches, temples & more.	 TIME TO RELAX Continue to rest, recharge, and soak it all in.
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Make your retreat even more meaningful.
Stay a little longer. Take it all in. ♥

Request a secure payment link by email or message.

We're happy to help you choose the option that works best for you.
We're here for you every step of the way.

Your journey. Your experience. Your way.

YOU DESERVE AN EXPERIENCE THAT FEELS JUST RIGHT.

Let us help you create the perfect retreat for YOU.

Ask our team about upgrades, add-ons & Thailand today!



Retreat Payment Plans and Payment Options

You spoke, and we listened! We're absolutely thrilled to announce that for the first time ever, Chacama Spiritual Center is offering flexible payment plans! We've heard your requests, and we're so excited to make our offerings even more accessible. Get ready to embark on your spiritual journey with us, now with more ways to make it happen!

YOUR JOURNEY
STARTS HERE.
YOU CHOOSE
HOW.

Payments & Payment Plans ✨



**EARLY BIRD
SPECIAL PRICE**

\$4,900

Limited time offer.

Save when you plan ahead!



REGULAR PRICE

\$5,400

Standard pricing.

Invest in your transformation.

FLEXIBLE PAYMENT PLANS



Option 1

Pay your non-refundable deposit today to secure your spot. We'll then help you spread out the remaining balance with easy monthly payments, and your final payment won't be due until 90 days before the retreat begins.

- ✓ Non-refundable deposit today
- ✓ Easy monthly payments
- ✓ Final payment due 90 days before retreat begins
- ✓ Full balance paid 90 days before retreat



Option 2

Pay your non-refundable deposit today. The first half of your retreat balance will be due 180 days before the retreat begins, and the second half 90 days out.

- ✓ Non-refundable deposit today
- ✓ 50% due 180 days before retreat
- ✓ 50% due 90 days before retreat
- ✓ Full balance paid 90 days before retreat

Ready to make a payment?



Request a secure payment link by emailing or messaging our team. We're happy to help you choose the option that works best for you.

We're here for you every step of the way.



Secure
& Safe



Flexible
Options



Supportive
Every Step



We're Here
for You

WE'LL TAKE CARE OF THE REST. YOU FOCUS ON YOU.

Come as you are. Leave transformed.





FAQ

FREQUENTLY ASKED QUESTIONS

Everything You Need to Know

SO YOU CAN SAY YES WITH
CONFIDENCE & PEACE.



**WE ARE
HERE FOR YOU**
to support you
every step of
the way.



Do I need any spiritual experience to join?

Not at all. This retreat is designed for all women, regardless of your spiritual background. Come as you are. You are welcome here.



Can I come alone?

Absolutely. Many women join us solo. You'll be welcomed into a loving sisterhood and will never feel alone.



What airport should I fly into?

Please fly into Ngurah Rai International Airport (DPS) in Denpasar, Bali. Airport transfer details will be provided.



Is this retreat physically demanding?

No. This retreat is designed to be relaxing and nourishing. Activities are optional and suitable for all fitness levels.



What kind of food is included?

Daily breakfast is included. We enjoy nutritious, delicious meals with many fresh, local, and organic options. Dietary needs can be accommodated.



Is Bali safe?

Yes. Bali is welcoming and generally very safe. We take care of all the details to ensure you feel secure and supported throughout your journey.



Will I have a roommate?

You can choose a private room for additional cost or share a room with another amazing woman. Roommate matching is available.



What should I wear to temples?

We will provide guidance before the retreat. You'll need a sarong and sash, which we provide for temple visits.



What is included in the retreat?

Accommodations, daily breakfast, airport transfers, retreat activities, temple ceremonies, experiences, and group transportation as outlined in the itinerary. See the next page for full details.



What is not included?

International airfare, travel insurance, some lunches and dinners, spa treatments (optional), and personal expenses such as shopping.



Will there be free time?

Yes! We balance meaningful experiences with plenty of free time to relax, explore, journal, receive spa treatments, or simply soak in the beauty.



What if I have emotional concerns or fears?

You are in a safe, loving space. Healing happens at your own pace. Our group support and guidance are here for you every step of the way.



YOU DON'T HAVE TO HAVE IT ALL FIGURED OUT.

You just have to say yes to yourself.



MORE QUESTIONS?

We're here to help. Reach out anytime—we'd love to support you.

We can't wait to welcome you to Bali.





WHAT'S INCLUDED & NOT INCLUDED

Complete Clarity. Beautiful Experience.

We believe in transparency and want you to feel confident and excited about every detail of your Bali retreat.



EVERY DETAIL IS DESIGNED so you can relax, let go, and receive fully.

✓ INCLUDED



11 NIGHTS LUXURY ACCOMMODATION
Beautiful, comfortable rooms in handpicked resorts surrounded by nature.



DAILY BREAKFAST
Nourishing breakfasts each morning to fuel your body and soul.



SACRED CEREMONIES & RITUALS
Meaningful ceremonies, blessings, and spiritual experiences.



TEMPLE VISITS & CULTURAL EXPERIENCES
Entrance fees, donations, and guidance for all scheduled temple visits.



GROUP TRANSPORT
Airport pick-up and drop-off, plus all group transportation for retreat activities.



RETREAT LEADERSHIP & GUIDANCE
Personal guidance, support, and teachings throughout your entire journey.



GROUP ACTIVITIES & WORKSHOPS
All scheduled workshops, healing sessions, and group experiences.



SELECT DINNERS
Special group dinners at beautiful restaurants and local spots.

✗ NOT INCLUDED



INTERNATIONAL AIRFARE
Flights to and from Bali are not included. We're happy to help you find the best options.



TRAVELERS INSURANCE
Travelers insurance is not included.



LUNCHES & SOME DINNERS
Most lunches and some dinners are not included to give you flexibility.



SPA TREATMENTS
Massages and spa treatments are optional and not included.



SHOPPING & PERSONAL EXPENSES
Souvenirs, additional activities, and personal purchases.



OPTIONAL EXCURSIONS
Any optional activities or extra excursions outside the itinerary.



PHONE & INTERNET COSTS
SIM cards, data plans, and international phone charges.



TIPS & GRATUITIES
Tips for guides, drivers, and staff are not included.

OUR PROMISE TO YOU

We've carefully curated every detail that is included to give you a seamless, heart-centered, and unforgettable experience in Bali.

ALL YOU NEED TO DO IS ARRIVE WITH AN OPEN HEART.

We'll take care of the rest.