



ANCIENT WISDOM *Peru* SPIRITUAL RETREAT

SACRED VALLEY & CUSCO • CEREMONIES OF THE ANDES • HEALING & TRANSFORMATION



HOSTED BY
THE CHACANA SPIRITUAL CENTER
FACILITATED BY SHANNON DAVIS "APU MAMMA AKU"
ALONGSIDE Q'ERO PAQOS & TRADITIONAL ANDEAN CEREMONIAL GUIDES

*A Journey of Healing,
Connection & Transformation*



SACRED CEREMONIES
with ancient Andean wisdom



SPIRITUAL EXPLORATION
ancient temples, sacred sites & sacred waters



HEALING & RENEWAL
emotional healing, energy work & soul remembrance



CULTURAL IMMERSION
living traditions, artisans, textiles & local culture



REST & CONNECTION
meaningful rest, community & authentic connection

10 DAYS
IN THE HEART OF THE ANDES
Transform Your Life



A DEEPLY IMMERSIVE RETREAT IN THE SACRED VALLEY & CUSCO
TO RECONNECT WITH NATURE, SPIRIT, COMMUNITY & YOURSELF.



Day 1

ARRIVAL INTO THE *Sacred Valley*

OPENING CEREMONY & SACRED INTENTIONS



Arrive in Cusco and journey into the peaceful Sacred Valley. Our retreat lodge in Urubamba is your home — a sanctuary for rest, reflection, and transformation.



YOUR JOURNEY
BEGINS HERE.
♥



THIS EVENING, WE GATHER.

As the sun sets over the valley, we come together for our opening ceremonial evening of intention setting, meditation, reflection, and teachings inspired by Andean wisdom.

EXPERIENCE INCLUDES:



AIRPORT PICKUP & SACRED VALLEY TRANSPORTATION



ARRIVAL & ACCLIMATION SUPPORT



OPENING FIRE CEREMONY & INTENTION SETTING



GUIDED MEDITATION & GROUNDING PRACTICES



SHADOW WORK REFLECTION & JOURNALING



TEACHINGS ON ANDEAN COSMOLOGY, PACHAMAMA & THE APUS



GROUP CONNECTION & CEREMONIAL OPENING



Energetic Focus

GROUNDING • INTENTION • EMOTIONAL OPENING • SACRED CONNECTION





Day 2

OLLANTAYTAMBO

TEMPLE OF THE SUN

ANCIENT STONE WISDOM



Today we explore Ollantaytambo – one of the most sacred and energetically powerful sites in the Sacred Valley.



Surrounded by towering mountains and ancient ceremonial terraces, Ollantaytambo carries the living wisdom of the Inca through sacred stone architecture, flowing ceremonial water channels, and astronomical alignments connected to the cosmos.

EXPERIENCE INCLUDES:



Guided exploration of Ollantaytambo Archaeological Sanctuary



Temple of the Sun



Temple of the Condor



Sacred water fountains and ceremonial channels



Traditional Andean blessing ceremony honoring the Apus (sacred mountain spirits)



Guided meditation overlooking the Sacred Valley



Teachings on sacred geometry, mountain wisdom, and energetic alignment



Free time to explore the village and artisan markets

STEP INTO
ANCIENT
WISDOM.



Energetic Focus

STRENGTH



ALIGNMENT



ANCIENT WISDOM



MOUNTAIN ENERGY





Day 3

PISAC

SACRED TERRACES • ANCESTRAL HEALING WATERFALL CEREMONY



High above the Sacred Valley rests Pisac — an ancient ceremonial center surrounded by mountain terraces, sacred temples, waterfalls, and ancestral burial sites carved into the cliffsides.



Pisac carries a deeply mystical energy inviting emotional healing, remembrance, reflection, and reconnection with the soul.



EXPERIENCE INCLUDES:



Guided visit to Pisac Archaeological Sanctuary



Sacred mountain terraces overlooking the valley



Exploration of ancestral ceremonial spaces



Waterfall meditation and reflection



Healing ceremony with Shannon Davis (“Apu Mamma Aku”)



Guided emotional healing and energetic alignment work



Time in Pisac village for cafés, artisan shopping, crystals, and textiles



Relaxed return to the Sacred Valley

Energetic Focus

EMOTIONAL HEALING ♥ REFLECTION ♥ SACRED FEMININE ♥ SOUL REMEMBRANCE





SACRED
WISDOM.
SACRED
CONNECTION



Day 4

SACRED CEREMONY with the Apaza Family Day

SACRED CEREMONY WITH THE APAZA FAMILY



ONE OF THE DEEPEST CEREMONIAL EXPERIENCES OF THE RETREAT.

Today we gather with the Apaza family — respected Q'ero Paqos and traditional Andean ceremonial guides carrying sacred wisdom traditions passed through generations in the Andes.



At this sacred ceremony, participants are welcomed into a powerful ceremonial space connected to Pachamama, transformation, prayer, sacred reciprocity, and spiritual renewal.

EXPERIENCE INCLUDES:



Journey to the sacred ceremony site



Traditional Andean teachings with the Apaza family



Despacho Ceremony — sacred prayer offering to Pachamama



Indigenous blessing ceremonies and energetic healing practices



Prayer offerings honoring the sacred mountains and Earth



Teachings on Ayni — sacred reciprocity and harmony



Sacred songs, meditation, and quiet reflection



Group sharing and ceremonial integration



Spacious ceremonial pacing honoring indigenous tradition and sacred timing



AWAKEN
YOUR SOUL.



MACHU PICCHU

SACRED MOUNTAIN EXPERIENCE



TODAY WE JOURNEY TO ONE OF THE MOST AWE-INSPIRING SACRED MOUNTAINS IN THE WORLD.

Hidden among mist-covered peaks, Machu Picchu's surrounding mountains hold ancient wisdom, sacred energy, and breathtaking beauty that touches the soul.

Today, we rise above it all.

Our journey takes us up the mountain—away from the crowds and into nature's majesty—where the views are endless, the air is pure, and the spirit is free.



EXPERIENCE INCLUDES:



Scenic train journey up the mountain offering stunning, panoramic views of the Andes



Guided exploration of the mountain's hidden trails and energy sites



Teachings on Incan cosmology, nature connection, and sacred consciousness



Silent reflection throughout key ceremonial areas



The best breathtaking views from the highest terrace viewpoint after our mountain route



Gentle free time to relax, integrate



Day 6

INTEGRATION & REST DAY

REFLECTION • RENEWAL • SACRED STILLNESS



After the profound experiences of Machu Picchu, today is intentionally spacious and restorative.

Participants are encouraged to move slowly, reflect deeply, and allow the ceremonies and sacred experiences to fully settle into the body, heart, and spirit.

OPTIONAL EXPERIENCES:



Rest and relaxation at the lodge



Massage or healing sessions



Sacred river walks



Journaling and integration practices



Shopping shuttle and café exploration



Meditation or sound healing



Optional evening fire gathering
beneath the stars



PAUSE.
REFLECT.
RENEW.



ANCIENT
WISDOM.
LIVING
TRADITIONS.



Day 7

SACRED CUSCO & Q'ENQO

TEMPLE OF MOTHER EARTH • CULTURAL IMMERSION



Today we enter the ancient city of Cusco — once considered the spiritual center of the Incan Empire.



We begin at Q'enko, known as the Temple of Mother Earth, an ancient ceremonial site connected to Pachamama, initiation rites, sacred stone altars, and Earth-based spiritual traditions.

EXPERIENCE INCLUDES:



Transfer into Cusco



Guided visit to Q'enko — Temple of Mother Earth



Teachings on Pachamama and Andean spirituality



Meditation and reflection within ceremonial stone spaces



Exploration of sacred courtyards and altar areas



Leisure time in downtown Cusco



Time for artisan markets, textiles, crystal shops, and cultural immersion



Relaxed pacing and free exploration



GROUND.
CONNECT.
TRANSFORM.



GROUNDING



EARTH WISDOM



CULTURAL CONNECTION



INTEGRATION



BREAKFAST INCLUDED



WATER
HEALS.
RENEW.
RELEASE.

Day 8

TAMBOMACHAY

SACRED WATER TEMPLE
PURIFICATION & RENEWAL



Water is honored throughout the Andes as a living spirit of healing, purification, blessing, and renewal.



At Tambomachay — the Sacred Water Temple of the Incas — flowing springs emerge continuously from the mountains in perfect harmony.



Today is devoted to emotional cleansing, renewal, sacred reflection, and ceremonial connection through water rituals and prayer.

EXPERIENCE INCLUDES:



Visit to Tambomachay — Sacred Water Temple



Water blessing and purification rites



Guided meditation with the sacred springs



Teachings on water as spiritual healing and emotional release



Reflection and quiet ceremonial connection



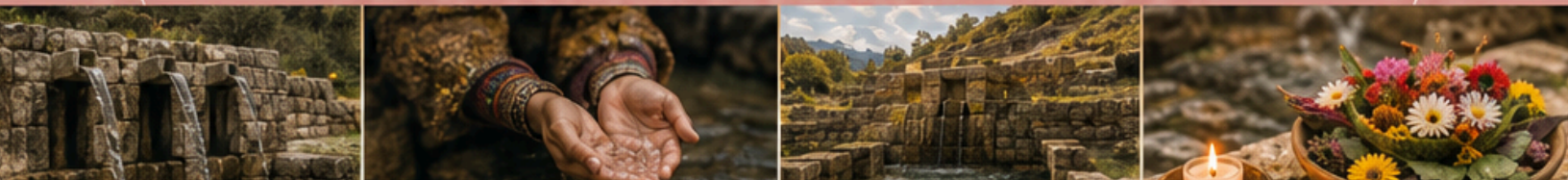
Prayer work honoring renewal, gratitude, and emotional cleansing



We gather in ceremony and community in the sacred energy of this ancient and powerful place.

Energize · Purify · Renew

PURIFICATION ♥ RENEWAL ♥ FLOW





Day 9

DIABLO'S DEN

REBIRTH JOURNEY • SOUL RETRIEVAL
SACRED TRANSFORMATION

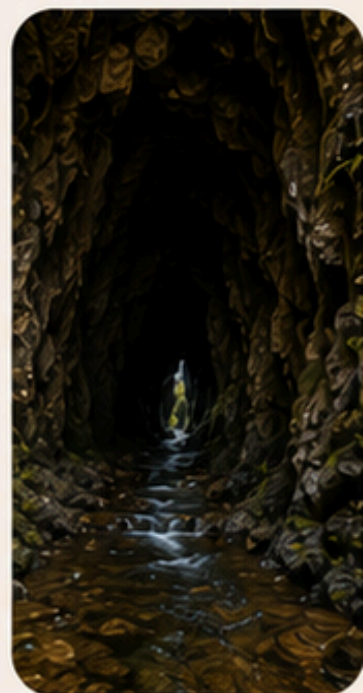


ONE OF THE MOST
TRANSFORMATIONAL EXPERIENCES
OF THE RETREAT.

Today we journey into the cave and sacred waterfall passages known as Diablo's Den — symbolically entering the womb of Pachamama for rebirth, remembrance, healing, and transformation.



This experience invites participants to release old identities, reconnect with lost aspects of self, and emerge renewed.



EXPERIENCE INCLUDES:



Visit to Diablo's Den — sacred cave and river path



We do sacred ceremony at the sacred site



Shadow work and rebirth teachings



Soul retrieval ceremony



Energetic cleansing and prayer work



Meditation within sacred cave spaces



Guided reflection and integration



Final closing ceremony



THE JOURNEY
TRANSFORMS.
THE SOUL
REMAINS
FOREVER.

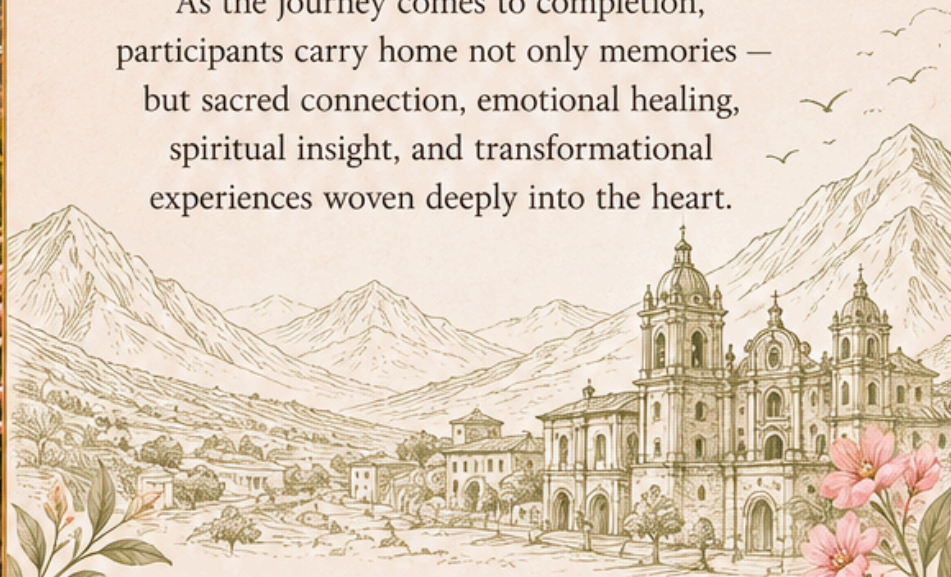


Day 10

DEPARTURE



As the journey comes to completion, participants carry home not only memories — but sacred connection, emotional healing, spiritual insight, and transformational experiences woven deeply into the heart.



EXPERIENCE INCLUDES:



Breakfast



Airport transportation



Farewell blessings
and departure



Energetic Focus

GRATITUDE ♥ COMPLETION ♥ CONNECTION ♥ TRANSFORMATION



SACRED PLACES.

Sacred Journeys.

EXPLORE • LEARN • HEAL • TRANSFORM

Journey through the most powerful and sacred sites of the Andes.
Each place holds ancient wisdom, deep healing, and the energy of the ancestors.

SACRED SITES WE VISIT



MACHU PICCHU

The crown jewel of the Inca Empire. A place of wonder, mystery, and deep spiritual connection.



PISAC ARCHAEOLOGICAL SANCTUARY

Explore ancient Incan ruins with powerful spiritual energy.



TAMBOMACHAY SACRED WATER TEMPLE

An ancient Incan water temple for purification, renewal, and deep healing.



DIABLO'S DEN SACRED CAVE & WATERFALL

A magical hidden cave of transformation, rebirth, and spiritual cleansing.



CUSCO ANCIENT INCAN CAPITAL

Walk the ancient streets of Cusco, a living blend of Incan and Andean wisdom.



OLLANTAYTAMBO ARCHAEOLOGICAL SANCTUARY

A magnificent Inca stronghold and living village filled with ancient wisdom and power.



SACRED PISAC TERRACES

Breathtaking terraces that hold the energy of the Earth and the ancient ones.



Q'ENQO TEMPLE OF MOTHER EARTH

A ceremonial site dedicated to Pachamama, honoring the sacred feminine.



AQUA CALIENTE

Gateway town to Machu Picchu. Surrounded by mountains, rivers, and healing energy.



TEMPLE OF THE SUN

A sacred ceremonial site aligned with the solstices and the sun's powerful energy.



TEMPLE OF THE CONDOR

Honoring the wisdom of the Andes and the sacred flight of the condor.



URUBAMBA SACRED VALLEY

The heart of the Andes. A valley of beauty, abundance, and powerful healing energies.

— WE WORK WITH INDIGENOUS FAMILIES —

PAQOS SHAMANIC PRIESTS

Deepen your healing journey with ceremonial guidance, traditional rituals, and the sacred knowledge of the Andes.

Honoring Ancient Wisdom. Living Sacred Traditions.

Guided by the wisdom of Andean Paqos (Shamanic Priests), we receive ancient teachings, energy work, and ceremonies passed down for generations.

RETREAT ADD-ON
or Standalone Retreat

NOT INCLUDED IN THE
PERU RETREAT



An optional, unique extension to deepen your journey in Bolivia. Add it to your Peru Retreat or join us just for this sacred experience.

INCA ROOTS DISCOVER BOLIVIA

THE ISLAND OF THE SOL & THE ISLAND OF THE MOON

— on LAKE TITICACA —

Small. Intimate. Transformational.

ADD-ON RETREAT OR STANDALONE RETREAT



In Bolivia, a Shaman is called a
YATIRI



We will have ceremony with a Yatiri on one special day to receive blessings, guidance and healing.

VISIT THE SECRET TEMPLES & SACRED SITES

♥ of the Two Sacred Islands ♥

ISLAND OF THE SOL



PILKOKAINA TEMPLE
Temple of the Sun



CHINKANA LABYRINTH
Sacred labyrinth of passage



SACRED ROCK
Ancient ceremonial altar



FUENTE SAGRADA
Sacred Spring



INCA GATE
Gateway to the Sun

ISLAND OF THE MOON



IÑAK UYU TEMPLE
Temple of the Virgins



YUMANI TERRACES
Ancient agricultural terraces



SACRED WOMAN ALTAR
Honoring the divine feminine



SACRED CAVE
Ceremonial & meditation cave



STAIRWAY OF THE MOON
Path of ancestral wisdom



DOUBLE ROOM
OCCUPANCY

Private Room
Upgrade Available



SMALL GROUP
EXPERIENCE

Deeper Connection.
More Meaning.



SACRED LAND.
ANCIENT WISDOM.
LASTING
TRANSFORMATION.

FURTHER DETAILS



DATES
TBA



PRICING
TBA



DAILY ITINERARY
TBA



ANCIENT WISDOM
PERU SPIRITUAL RETREAT

MEET YOUR GUIDES



*Rooted in Wisdom. Guided by Love.
Committed to Your Transformation.*



DEBRA WILLOW FIRE WOMAN



- ☀️ Medicine woman of the Q'ero lineage for 25 years.
- ☀️ Wisdom keeper and storyteller of the mountains.
- ☀️ Over two decades of deep connection with the Q'ero people and their traditions.
- ☀️ 12 sacred journeys to Peru, offering in service and ceremony.
- ☀️ Weaves ancient medicines and mountain stories into every offering.



SHANNON DAVIS APU MAMMA AKU



- ☀️ Medicine woman of the Q'ero lineage for 15 years.
- ☀️ Pampamesayoq, devoted to bridging ancient wisdom with modern healing.
- ☀️ Creates sacred space for transformation.
- ☀️ Guides retreats and ceremonies with heart and integrity.
- ☀️ **Owner of a Shamanic School dedicated to empowering others on their path.**



Q'ERO PAQOS & APAZA FAMILY



- ☀️ Peruvian high priests (Paqos) and the Apaza family, guardians of sacred ceremonies.
- ☀️ Direct lineage from the Q'ero Nation.
- ☀️ Experts in despacho, coca leaf readings and Andean rites.
- ☀️ Keepers of the Apus, Pachamama and ancestral teachings.



TOGETHER, WE HOLD THE MEDICINE OF THE ANDES



ANCIENT WISDOM
PERU SPIRITUAL RETREAT

UPGRADE *Your Journey*

Enhance your retreat experience with powerful add-ons and once-in-a-lifetime adventures.



ASK US ABOUT OUR INCA ROOTS ADD-ON

Journey to the Sacred Lake Titicaca, Bolivia

Isle of the Sun & Isle of the Moon

- ✓ Connect with your Inca roots
- ✓ Sacred sites & ancient temples
- ✓ Stunning lake & mountain views
- ✓ Deep spiritual remembrance



UPGRADE YOUR STAY



PRIVATE ROOM UPGRADE

\$1,000

Enjoy added comfort, privacy and personal space during your sacred retreat.



AYAHUASCA
PLANT MEDICINE

(Ask Us)

A profound optional experience for deep healing, clarity and spiritual journeying.



DAY TRIP TO
RAINBOW MOUNTAIN

Add an unforgettable adventure to the stunning Vinicunca (Rainbow Mountain).



Personalized Experience



Deeper Transformation



Unforgettable Adventures



Sacred Connection

Make your journey even more unforgettable.

SPACES ARE LIMITED. ASK US TO ADD THESE EXPERIENCES TO YOUR RETREAT

PAYMENT PLANS & RESERVATIONS

*Flexible payment options are available
to help make your sacred Peru journey possible.*



EARLY BIRD INVESTMENT

\$4,400 

Reserve your space with a non-refundable deposit.



REGULAR INVESTMENT

\$4,900 

Reserve your space with a non-refundable deposit.



1

MONTHLY PAYMENTS

Secure your space now and
spread remaining payments
out comfortably over time.



2

FLEXIBLE PAYMENT OPTIONS

Choose a payment schedule
that works best for your
needs before final balance
deadlines.



3

MAKE PAYMENTS ANYTIME

Guests may make additional
payments toward their
retreat at any time in any
amount.



LIMITED SPACES AVAILABLE



COUPLES & SOLO TRAVELERS WELCOME



Private message

ANCIENT WISDOM
PERU SPIRITUAL RETREAT



BEAUTIFUL STAYS.

Sacred Comfort.



Rest, restore, and rejuvenate in a peaceful sanctuary surrounded by nature, beauty, and high vibrational energy in the Sacred Valley.

— ❖ OUR LODGE ❖ —

KUTI MUY LODGE

Urubamba, Sacred Valley, Peru



A SANCTUARY DESIGNED FOR REST, RENEWAL & DEEP CONNECTION



PEACEFUL



COMFORTABLE



HEALING &



SACRED VALLEY

WHAT YOU WILL

Experience

GUESTS WILL EXPERIENCE:



Sacred ceremonies beneath the Andes Mountains



Traditional despacho prayer offerings



Healing experiences with Q'ero ceremonial guides



Sacred fires beneath the stars



Ancient temples and sacred archaeological sanctuaries



Mountain lodge accommodations in the Sacred Valley



Spiritual teachings and guided reflection



Emotional healing and energetic renewal



Sacred water rituals and soul remembrance practices



Artisan markets, textiles, cafés, and cultural immersion



Moments of stillness, beauty, connection,
and transformation



Rather than rushing from destination to destination, this retreat unfolds slowly and intentionally — allowing participants to deeply absorb the energy of the Andes while reconnecting with nature, spirit,

ANCIENT WISDOM.
SACRED JOURNEY.
TRANSFORMATION.

What's Included

IN YOUR RETREAT EXPERIENCE



BOUTIQUE ACCOMMODATIONS

9 nights in beautiful, hand-selected lodges in the Sacred Valley & Cusco.



GROUND TRANSPORTATION

All group transportation throughout the retreat.



AIRPORT TRANSFERS

Arrival and departure transfers to and from Cusco airport.



MACHU PICCHU EXPERIENCE

Round-trip train tickets, entrance fees, and guided sacred exploration.



SACRED SITE JOURNEYS

Guided visits, teachings, and ceremonies at powerful ancestral sites.



CEREMONIES & RITUALS

Authentic ceremonies, prayers, and energetic experiences.



DAILY BREAKFAST

Nourishing daily breakfasts included.



SELECT MEALS

Select lunches and one farewell dinner included.

NOT INCLUDED



INTERNATIONAL FLIGHTS

(Fly into or out from Peru; are not included.)



SOME LUNCHESES & DINNERS

Some meals are on your own to allow for flexibility.



PERSONAL EXPENSES

Shopping, souvenirs, tips, and personal items.



ADDITIONAL HEALING SESSIONS

Massages and private healing sessions are available for an additional cost.



TRAVEL INSURANCE

Travel insurance is strongly recommended.



VISA FEES

Passport and visa fees (if applicable).



*We take care of the details
so you can focus on
the transformation.*

JOURNEY DEEPLY.
HEAL ANCIENTLY.
RETURN TRANSFORMED.



ANCIENT WISDOM



SACRED JOURNEY



TRANSFORMATION



YOU ARE HELD.
YOU ARE GUIDED.



ANCIENT WISDOM
PERU SPIRITUAL RETREAT

FAQ

FREQUENTLY ASKED QUESTIONS

Everything you need to know to feel confident and excited for your journey.



YOU ARE IN GOOD HANDS

We take care of every detail so you can relax and receive.



SACRED & TRANSFORMATIONAL

Experience ancient wisdom, powerful ceremonies, and deep healing.



ONCE-IN-A-LIFETIME EXPERIENCE

A journey that will stay with you forever.



1. WHEN IS THE RETREAT?

This retreat will take place
April-May 2027



5. WHO IS THIS RETREAT FOR?

This journey is for anyone seeking healing, transformation, spiritual growth, and a deeper connection to themselves and the Earth.



2. HOW DO I GET TO PERU?

Fly into Alejandro Velasco Astete International Airport (CUZ) in Cusco. Airport pick-up is included on arrival day.



6. DO I NEED EXPERIENCE WITH PLANT MEDICINE?

No experience is necessary. All ceremonies are optional and held in a safe, supportive environment.



3. WHAT IS INCLUDED?

Accommodations, daily transportation, guided excursions, ceremonies, workshops, and airport transportation.



7. WHAT SHOULD I PACK?

Comfortable clothing, layers for cool mornings and evenings, good walking shoes, rain jacket, sunscreen, hat, and an open heart!



4. WHAT IS THE INVESTMENT?

Early Bird Investment: \$4,400
Regular Investment: \$4,900
Payment plans are available!



8. IS MY DEPOSIT REFUNDABLE?

Deposits are non-refundable as they secure your spot and allow us to prepare for your arrival.



WE ARE HERE TO SUPPORT YOU

Have more questions? We're just a message away.



YOUR JOURNEY AWAITS

Step into transformation, healing, and ancient wisdom.



LIMITED SPACES AVAILABLE

Reserve your space today and join us in Peru!

Ready to embark on the journey of a lifetime?

ANCIENT WISDOM

Peru SPIRITUAL RETREAT

SACRED VALLEY & CUSCO • CEREMONIES OF THE ANDES • HEALING & TRANSFORMATION

Journey into the heart of Peru for a deeply immersive spiritual retreat experience woven with ancient ceremonies, sacred temples, mountain wisdom, emotional healing, and transformational connection.

Surrounded by the breathtaking Andes Mountains, participants are invited into a beautifully curated retreat blending sacred ceremony, spiritual exploration, cultural immersion, energetic healing, meaningful rest, and authentic connection with the living traditions of Peru.

Throughout the journey, we explore the Sacred Valley and Cusco through ancient temples, sacred waters, prayer offerings, guided meditations, energetic healing experiences, and teachings inspired by the wisdom traditions of the Andes.

THIS RETREAT IS INTENTIONALLY
DESIGNED TO FEEL:

- ✦ Spiritually immersive
- ✦ Deeply ceremonial
- ✦ Emotionally restorative
- ✦ Culturally meaningful
- ✦ Energetically transformative
- ✦ Beautifully comfortable while remaining grounded in the rustic beauty and sacred traditions of Peru



ANCIENT WISDOM
PERU SPIRITUAL RETREAT

*A Wisdom Experience
that Lasts a Lifetime.*

PERU IS CALLING

ANSWER THE CALL
OF YOUR SOUL

Join us for a 10-day sacred retreat in the heart of Peru – where ancient traditions, powerful ceremonies, breathtaking landscapes, and deep inner healing come together to transform your life.

COME AS
YOU ARE.
LEAVE
TRANSFORMED.



WHAT'S INCLUDED



SACRED
CEREMONIES



Q'ERO WISDOM
TRADITIONS



EMOTIONAL
HEALING



CULTURAL
IMMERSION



BEAUTIFUL
ACCOMMODATIONS

WHAT'S NOT INCLUDED



INTERNATIONAL
FLIGHTS



TRAVEL
INSURANCE



MEALS NOT
LISTED



PERSONAL
SHOPPING



EXTRA ACTIVITIES
OUTSIDE OF
THE RETREAT



TIPS &
GRATUITIES



PERSONAL
MEDICAL EXPENSES

COME AS YOU ARE. LEAVE TRANSFORMED.

Your Journey Awaits.

A 10-day immersive retreat in the heart of Peru to help you heal, reconnect, and return home renewed.



AIRPORT PICK UP & DROP OFF
We've got you covered from the moment you arrive.



DAILY TRANSPORTATION TO SACRED SITES
Comfortable transportation to all retreat activities and sacred sites.



PERSONAL MENTORSHIP
One-on-one guidance and support to help you heal and grow.



ACCOMMODATIONS WITH PRIVATE GROUNDS
Rest in beautiful lodges surrounded by nature, gardens, and mountains.



RESTAURANT ON SITE
Wholesome, delicious meals made with love—right where you stay.



KITCHEN IN EACH LODGE
Fully equipped kitchens for added convenience and a home-like feel.



10 MINUTE WALK TO TOWN
Stroll to town for local shops, culture, and connection.

YOUR 10-DAY TRANSFORMATIONAL JOURNEY



DAYS 1-2
ARRIVE & OPEN
Settle in, ground yourself, and open to the journey.

DAYS 3-4
HEAL & RELEASE
Let go, cleanse, and begin to heal on deep levels.

DAYS 5-6
EXPLORE & CONNECT
Visit sacred sites, connect with ancient wisdom and nature.

DAYS 7-8
INTEGRATE & GROW
Gain insights, deepen your practice, and reconnect with self.

DAYS 9-10
CELEBRATE & RETURN
Celebrate your growth and return home with a new path.



DEEP HEALING



SACRED ADVENTURES



COMFORTABLE STAYS



MEANINGFUL CONNECTIONS

WHAT PAST PARTICIPANTS SAY



"This journey changed me in the most beautiful way. I found peace I didn't know was possible."



"The people, the land, the ceremonies—everything was aligned and exactly what I needed."



"I left feeling lighter, clearer, and deeply connected to myself and the Earth."

CARE. INTENTION. TRANSFORMATION.

Every detail is thoughtfully curated so you can focus on what matters most.



HEALING
Spaces and practices that nourish mind, body & soul.



CONNECTION
Build real connections with like-minded souls.



ADVENTURE
Explore breathtaking landscapes and sacred spaces.



WISDOM
Receive ancient teachings for



TRANSFORMATION
Return home empowered and

THIS IS YOUR TIME.

Answer the Call of Your Soul.



WHO IS THIS JOURNEY FOR?

*This path is for you if you are
ready for more.*



MEN & WOMEN

Seeking healing, clarity, purpose, and a deeper connection to themselves and something greater.



COUPLES

Looking to reconnect, grow together, and create a stronger, more conscious partnership.



SOLO TRAVELERS

Ready for self-discovery, inner healing, and meaningful connection in a supportive community.



FRIENDS TRAVELING TOGETHER

Wanting to share a life-changing experience that deepens your bond and creates lasting memories.



PARENTS & ADULT CHILDREN

Seeking meaningful shared time, healing generational patterns, and building deeper understanding.

YOU MAY BE READY FOR THIS JOURNEY IF YOU ARE:



Craving deeper meaning and spiritual connection



Navigating a life transition or awakening



Healing from past wounds and ready for renewal



Seeking clarity, direction and inner guidance



Drawn to ancient wisdom, sacred ceremony & nature



Wanting to return home to yourself and your truth

WHATEVER YOUR STORY,
You are welcomed here.



No experience is necessary.
Just an open heart and a willingness to say YES to yourself.



FIND YOURSELF



HEAL DEEPLY



REST & RENEW



Beginners and experienced practitioners are equally supported



You will be held, guided, and supported every step of the way



Come as you are. Leave transformed.



You belong here.
This journey is for you.



CONNECT AUTHENTICALLY



TRANSFORM YOUR LIFE



ANCIENT WISDOM
PERU SPIRITUAL RETREAT

WHAT TO EXPECT

on this Sacred Journey



Step into a transformational 10-day experience in the heart of Peru, where ancient wisdom, powerful ceremonies, and breathtaking landscapes come together to help you heal, awaken, and remember who you truly are.

HERE'S WHAT YOU CAN LOOK FORWARD TO



ANCIENT LANDS & SACRED SITES

Visit powerful spiritual centers, archaeological treasures, and breathtaking landscapes that hold ancient wisdom and deep energetic medicine.



SACRED CEREMONIES & RITUALS

Experience transformational ceremonies led by indigenous wisdom keepers, designed to cleanse, open the heart, and connect you to your soul's path.



EMOTIONAL HEALING & INNER WORK

Release what no longer serves you and reconnect with your true essence through guided healing practices, integration circles, and deep reflection.



BEAUTIFUL LODGE & COMFORTABLE STAYS

Rest in stunning accommodations with private grounds, nourishing meals, and all the amenities you need to feel supported and at ease.



TRANSFORMATION THAT LASTS

Return home with clarity, purpose, renewed energy, and the tools to continue your journey with confidence and alignment.



COME AS YOU ARE.
LEAVE TRANSFORMED.

THIS ISN'T JUST A TRIP.
It's a return to your soul.

HEALING • VENTURE
WISDOM • EXPERIENCE





SERPENT

*Release • Renewal •
Emotional Healing*

The Serpent represents gentle transformation and the ability to release what no longer serves us. Through reflection and awareness, this pathway invites guests to identify old emotional patterns, limiting beliefs, energetic heaviness, and life experiences that may still be quietly shaping the present.

Like the serpent shedding its skin, we create space for renewal, clarity, softness, and emotional freedom.

Guests often experience:

- Emotional release and lightness
- Greater self-awareness
- A deeper sense of peace and grounding
- Renewed connection to self-worth and intuition



JAGUAR

*Courage • Empowerment •
Personal Truth*

The Jaguar teaches us how to move through life with confidence, discernment, and inner strength. This pathway encourages guests to reconnect with personal truth, healthy boundaries, intuition, and empowered decision-making.

Rather than living from fear, self-doubt, or old conditioning, the Jaguar invites us to walk forward with quiet confidence and trust in ourselves.

Guests often experience:

- Increased confidence and clarity
- Emotional empowerment
- Stronger intuition and inner trust
- A deeper connection to personal authenticity



HUMMINGBIRD

*Joy • Lightness •
New Possibilities*

The Hummingbird reminds us that life is not only about healing—it is also about beauty, joy, wonder, and opening the heart to new possibilities. This sacred perspective encourages emotional lightness, gratitude, inspiration, creativity, and reconnecting with what brings meaning and fulfillment.

The Hummingbird teaches us to move beyond survival and remember how to truly live.

Guests often experience:

- Greater joy and emotional openness
- Inspiration and renewed creativity
- Heart-centered connection
- A sense of hope, beauty, and possibility



CONDOR

*Vision • Wisdom •
Higher Perspective*

The Condor invites us to rise above the noise of everyday life and view ourselves from a higher perspective. Through reflection, spiritual insight, and expanded awareness, this pathway supports clarity, purpose, wisdom, and deeper understanding.

The Condor reminds us that transformation becomes lasting when we begin seeing our lives through compassion, perspective, and trust.

Guests often experience:

- Mental and emotional clarity
- Expanded spiritual awareness
- A stronger sense of direction and purpose
- Greater peace, trust, and perspective



A JOURNEY OF WHOLE-PERSON TRANSFORMATION

Together, these four sacred pathways create a deeply supportive experience designed to nurture emotional wellbeing, energetic balance, spiritual connection, inner confidence, and personal renewal.